

Midlands Partnership University NHS Foundation Trust

Rain by Raymond Carver

Woke up this morning with a terrific urge to lie in bed all day and read. Fought against it for a minute.

Then looked out the window at the rain. And gave over. Put myself entirely in the keep of this rainy morning.

Would I live my life over again? Make the same unforgivable mistakes? Yes, given half a chance. Yes.

From The Poetry Pharmacy Returns William Sieghart, Particular Books 2019