

# We are transforming mental health services

Accessed mental health services as an **older adult**?

Do you have **memory** challenges or **dementia**?

Are you a **carer** for an older adult?

We would like to **hear** from **you...**



## Please turn over for details on how to get involved

# Help us identify what really matters to you

Use your experience  
to influence  
positive change.



## Contact us

**EMAIL:** [mh-transformation@mpft.nhs.uk](mailto:mh-transformation@mpft.nhs.uk)

**CALL:** The Participation &  
Co-production Co-ordinator  
**Kirstyn Marshall - Tel: 07972 661246**

Together we are  
making life better  
for our communities



[mpft.nhs.uk](https://mpft.nhs.uk)